West Trails Trek Guide

Proud Lake Start Edition



Chief Pontiac Trail Credential Hikes

WP#	Dist.	Accum.	Dist.	Accum.
WP#	Feet	Miles	Meters	Meters
1	0	0.0	0	0
2	1,148	0.2	350	350
3	410	0.3	125	475
4	3,609	1.0	1,100	1,575
5	1,706	1.3	520	2,095
6	1,804	1.6	550	2,645
7	673	1.8	205	2,850
8	459	1.9	140	2,990
9	1,985	2.2	605	3,595
10	738	2.4	225	3,820
11 12	4,199	3.2	1,280	5,100
12	1,640	3.5	500 630	5,600 6,230
14	1,969	4.2	600	6,830
15	492	4.3	150	6,980
16	574	4.4	175	7,155
17	935	4.6	285	7,440
18	722	4.8	220	7,660
19	1,083	5.0	330	7,990
20	164	5.0	50	8,040
20A	869	5.2	265	8,305
21	1,640	5.5	500	8,805
22	328	5.5	100	8,905
22A	459	5.6	140	9,045
23	1,050	5.8	320	9,365
24	2,904	6.4	885	10,250
25	230	6.4	70	10,320
26	1,476	6.7	450	10,770
27	837	6.9	255	11,025
28	623	7.0	190	11,215
29	410	7.0	125	11,340
30	509	7.1	155	11,495
31 32	787 427	7.3	240 130	11,735
32	328	7.4	100	11,865 11,965
34	427	7.4	130	12,095
35	3,117	8.1	950	13,045
36	6,086	9.3	1,855	14,900
37	459	9.3	140	15,040
37A	755	9.5	230	15,270
38	164	9.5	50	15,320
39	1,148	9.7	350	15,670
40	2,559	10.2	780	16,450
41	820	10.4	250	16,700
42	459	10.5	140	16,840
43	427	10.5	130	16,970
44	427	10.6	130	17,100
45	459	10.7	140	17,240
46	820	10.9	250	17,490
47	2,559	11.4	780	18,270
48	1,148	11.6	350	18,620
49	919	11.7	280	18,900
50	410	11.8	125	19,025
51	6,135	13.0	1,870	20,895
52 53	3,117	13.6	950 580	21,845
53 54	1,903	13.9	580 350	22,425 22,775
54 55	1,148 492	14.2 14.2	150	22,775
56	656	14.2	200	22,925
57	213	14.4	65	23,125
58	82	14.4	25	23,215
59	689	14.4	210	23,425
60	1,788	14.9	545	23,970
61	656	15.0	200	24,170
62	574	15.1	175	24,345
62A	1,148	15.3	350	24,695
62B	1,230	15.6	375	25,070
63	459	15.7	140	25,210
64	2,329	16.1	710	25,920
04				
65	361	16.2	110	26,030

Hiking Is A Personal Choice and Requires Personal Responsibility

Hiking, backpacking, canoeing, and other associated CPT trail activities are dangerous and can result in injury and/or death. These activities expose you to risks. Risks are mitigated, but NOT eliminated by training or skill. The BSA/GLC/CPP assumes absolutely no responsibility, including but not limited to injury or loss due to the use of information, or participating in activities found within this guide.

Disclaimer and Restriction of Liability

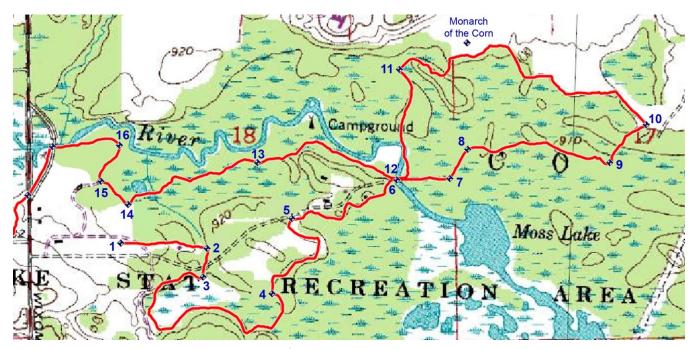
The BSA/GLC/CPP provides this guide as a free service. While we're satisfied that this guide is dependable in the majority of cases at the time of publication, this guide may not reflect current ground conditions. Please use this guide as such and not as definitive information. All such information is provided "as is" without warranty of any kind. We make no claims, promises or guarantees about the overall accuracy, completeness, or adequacy of the contents of this guide and expressly any and all liability for bodily injury and property damage associated with the use of this guide. In no event shall the BSA/GLC/CPP be liable for any special, direct, indirect, damages consequential or incidental or injury. No responsibility is assumed for damages or other liabilities due to the accuracy, availability, use or misuse of the information herein provided.

Sharing The Trail With Horses

It is very common to come upon horses and riders along this entire trek. The local trail rider's association recommends that when you encounter them to stand a ways off of the trail, but still visible to the horses. While waiting for the horses to pass maintain eye contact with the horses and speak softly to them. This will let the horses recognize you as being a human, instead of a predator. Once the horses have passed you may resume your trek.

About The Maps

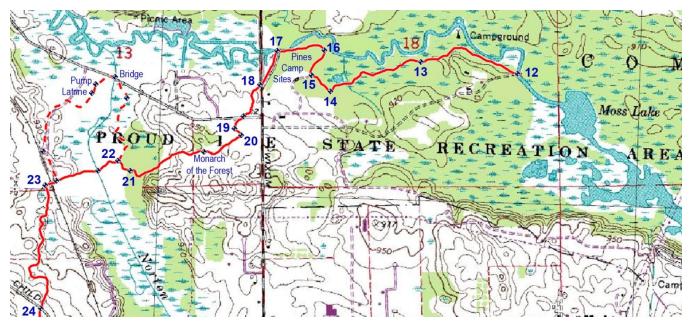
The trail data points were collected using a Lowrance H_2O -C handheld GPS with an attached Gilsson amplified external antenna. Topographical trail maps were produced using ExpertGPS by TopoGrafix. The guide was finally composed using Adobe Photoshop, MS Word, and Adobe Acrobat.



CPT West Trails Trek 1st Day, Parking Lot to Moss Lake Dam (Proud Lake Start Edition, Map #1)

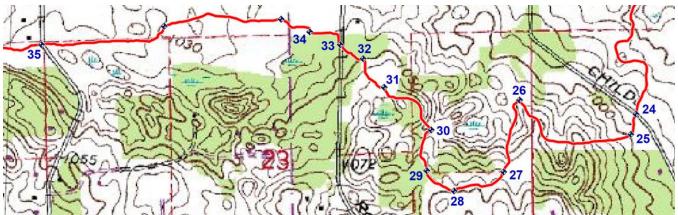
NOTES

- Several portions of this trek will lead through areas of poison ivy and thorny bushes and contact is unavoidable. It is therefore highly recommended that you wear pants, preferably synthetic, while hiking. <u>Wear pants, not shorts!</u>
- It is very common to come upon horses and riders along this entire trek. The local trail riders' association recommends when you encounter them that you stand a ways off of the trail. While waiting for the horses to pass maintain eye contact and speak softly to the horses. Once the horses have passed you may resume your trek.
- 1. E Your trek begins in the "Trailhead Parking" parking lot. Head east through the parking lot and around the gate in the northeast corner. Continue east (350m) past the Annex Building to the second marked intersection.
- 2. S At this intersection turn onto the trail heading south to the marsh trail. Cross the access road and proceed (125m) to the nature trail that goes around the marsh.
- 3. W Turn west and follow the Marsh Trail (1.1km) so you are skirting the marsh in a counter-clockwise direction.
- 4. N Shortly after rounding the eastern edge of the marsh and now heading west, turn to go north at the three-way intersection instead of completing the Marsh Trail loop. Take this path north (525m) until you come to a very large clearing.
- 5. NE As you pass the clearing, turn northeast onto the short trail leading down to the ski trail. A short distance (10m) before the access road turn east between two red oak trees onto the ski trail. Continue east (550m) on the winding trail towards the Moss Lake Dam. Note: If you are ever hiking on the road, you missed the turn. Go back and proceed onto the ski trail.
- 6. E Starting from Moss Lake Dam follow the hiking trails as shown above to form two intersecting loops. From the dam head east (200m) to the second marked intersection.
- 7. NE Turn northeast and head (140m) to the next intersection.
- 8. E Turn east and proceed (610m) to the next intersection.
- 9. NE Turn northeast again and head (225m) to the next intersection.
- **10.** NW Turn and head northwest (1.3km) to the next intersection. The *Monarch of the Corn* is a large and sprawling dead oak tree in the middle of a corn field.
- 11. S Turn south and proceed back to the dam (500m). When you reach the dam this is a good place for everyone to take a short break and use the latrines.



CPT West Trails Trek 1st Day, Moss Lake Dam to Childs Lake Road (Proud Lake Start Edition, Map #2)

- 12. NW Immediately after crossing back over the dam, you turn onto the trail leading to the northwest (630m). This portion of the trail runs parallel to the Huron River.
- **13.** W Continue west and proceed (600m) to the next intersection. Along the way you will be going over several boardwalks. Caution: These boardwalks are very uneven in spots and extremely slippery when wet.
- 14. NW Head northwest (150m) and uphill to the access road.
- 15. N Turn north and proceed downhill to the Lower Pines campsite pavilion (175m). ATTENTION: You've just completed 4.3 miles. There is a pump in the Upper Pines Campsite (West 100m from WP# 15). The next pump is 6.1 miles away. If you have less than two liters of water, fill up now!
- 16. W Find the trail heading west just east of the pavilion. Follow the trail west through the woods to a picnic area parking lot (285m).
- 17. SW Proceed southwest across the parking lot and down the driveway (200m). Then continue straight across Wixom Road to one of the old metal arrowhead signs showing the entrance to the trail (20m). Note: The portion of the park between Wixom Road and Old Plank Road is open to hunting during the season, so please be cautious.
- 18. SW Enter the woods and follow the trail southwest and across Garden Road to the next intersection (330m).
- 19. SE The trail turns to the southeast for a bit (50m) to the next intersection.
- 20. SW Turn and proceed southwest. In a while (265m) you will come to a large old tree that has been named "Monarch of the Forest". Continue on this path until it ends at an equestrian trail junction (500m).
- 21. NW Turn northwest and hike to an intersection with another one of the old metal arrowhead signs (100m). This sign is different because it is a double sign. The upper arrowhead shows an image of a canoe with two scouts in it.
- 22. W/N In the spring the trail after The Russell Bridge may be flooded. If this is the case, follow the northward trail to Garden Road and then west, crossing over the Norton Creek Bridge. Head southwest through the staging area and follow the two-track road south to the railroad crossing. In dryer conditions, follow the westward trail over The Russell Bridge (140m) to the railroad tracks (290m). From the railroad crossing continue west a short distance to a four-way intersection (30m).
- 23. S From this four-way intersection turn south and continue down this trail to Childs Lake Road (885m).

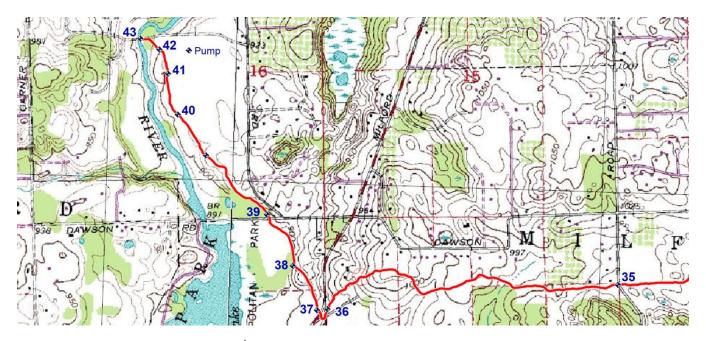


CPT West Trails Trek 1st Day, Childs Lake Road to South Hill Road (Proud Lake Start Edition, Map #3)

- 24. SW Head southwest across Childs Lake Road, then south a short ways to the next intersection (70m).
- 25. W Turn west and continue uphill. After passing a steep grassy downhill slope on your west side, you will begin to descend and come to the base of an unmarked Y-intersection (450m).
- 26. SW Take the southwestern path downhill. This path will turn south and up an extremely eroded hillside. Continue on to the next intersection (255m).
- 27. SW Turn southwest, then proceed west to the next intersection (190m).
- 28. NW Turn northwest and continue downhill to the next intersection (125m).
- 29. N Continue north and hike downhill to the next intersection which is midway down a steep descent (155m).
- 30. NW Turn northwest and descend down a steep slope, then uphill to the next intersection (240m).
- 31. NW Continue northwest to the next intersection (130m).
- 32. NW From here head northwest to Old Plank Road (100m).
- **33.** N Cross the road and head north a short ways to the entrance of the equestrian trail (30m). Turn west onto this trail and proceed to a four-way intersection (100m).

Note: After crossing Old Plank Road you will be on Kensington Metropark property. This part of the trail is closely bounded by private property on both sides.

34. N – Turn north off the bridle trail onto the hiking trail, then head west. This part of the trail is intersected with many equestrian trails and meeting horses and riders should be expected. From this point westward, the bridle trail runs parallel to your trail on the south side. Eventually you will come to South Hill Road (950m).

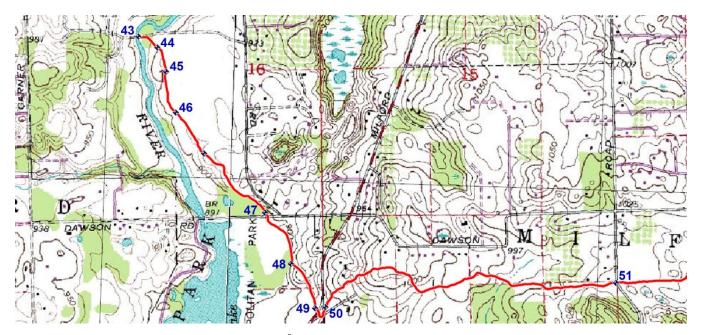


CPT West Trails Trek 1st Day, South Hill Rd to Kensington Group Camp (Proud Lake Start Edition, Map #4)

- 35. W Continue west across South Hill Road and back onto the Hike/Bike Trail. Here is another metal arrowhead sign. The trail will cross a meadow area bisected by several more bridle trails from the local houses. As you get closer to Milford Road, the trail turns to the north and uphill, then southwest and downhill (1.9km/1.1M).
- 36. S/W/N For safety reasons, cross Milford Road in the following manner: Head south across Huron River Pkwy, west across Milford Road, then north across Huron River Pkwy (140m). This is because the traffic light may start the northbound traffic before the southbound side without warning. (Sorry, but no ice cream until after you complete the trek). Continue north to another metal double-arrowhead sign. The upper arrowhead contains compass instructions from this point to where the trail once crossed Dawson Road.
- 37. N Follow the trail to the north until you come to the top of a hill overlooking a paved bike/hike trail (230m). From here proceed downhill to the paved path (50m).
- 38. N Head north down the path to Dawson Road. Cross the road and go to the metal CPT signpost on the north side of the road (350m).
- **39.** NW Head northwest and proceed uphill into the woods. Take this path all the way to a four-way intersection of trails (780m).

Note: On this segment you will cross over the paved bike path. Just past the pavement the trail splits, you can take either path.

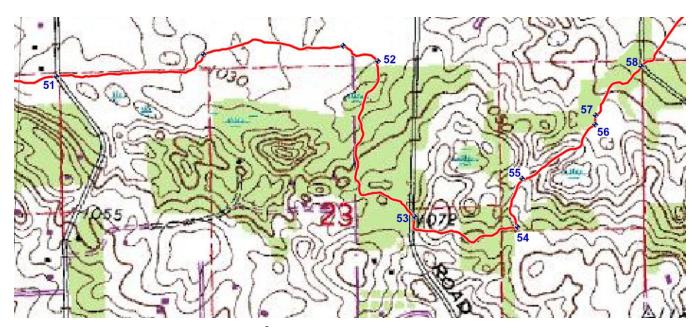
- 40. NW From this intersection continue northwest to a gate next to a latrine (250m).
- **41.** N From this latrine head north to a path found between two large bushes. You should be at the top of a very steep slope leading down to another latrine. Carefully take the path downhill to the second latrine (140m).
- 42. NW –From the second latrine head northwest to the camp road (100m). The days trek ends on the bridge to the west (40m).



CPT West Trails Trek 2nd Day, Group Camp to South Hill Road (Proud Lake Start Edition, Map #5) <u>NOTES</u>

- It is very common to come upon horses and riders along this entire trek. The local trail rider's association recommends that when you encounter them to stand a ways off of the trail, but still visible to the horses. While waiting for the horses to pass maintain eye contact with the horses and speak softly to them. Once the horses have passed you may resume your trek.
- Several portions of this trek will lead through areas of poison ivy and thorny bushes where contact is unavoidable. It is therefore highly recommended that you wear pants, preferably synthetic, when hiking.
- 43. SE Your days trek begins on the bridge over the Huron River in the Kensington Group Camp. Go southeast from the bridge (130m) to the first latrine.
- 44. S Proceed up the steep embankment to the upper campsite and head south (140m) to the second latrine.
- 45. S From the gate proceed south to a four-way intersection of trails (250m).
- 46. SE From this intersection continue going southeast. After taking either path at the split, proceed to the paved bike trail (280m). Staying on the dirt path, continue southeast across the paved bike trail and back into the woods. Proceed on the path to the CPT metal arrowhead sign at Dawson Road (500m).
- 47. S Head south across Dawson Road and proceed to the paved bike path. Hiking on the grass on the east side of the pavement, head southeast to a wooden CPT trail post (350m).
- 48. SE Turn southeast and head up the hill. At the top of the hill you will find a path. Continue southeast to a CPT arrowhead sign post near the intersection of Milford Road and the Metropark entry road (280m).
- 49. S/E/N For safety reasons, cross Milford Road in the following manner: Head south across Huron River Pkwy towards the Dairy Queen, east across Milford Road, then north back across Huron River Pkwy (125m). This is because the traffic light may start the northbound traffic before the southbound side without warning.
- 50. NE Now head northeast (40m) to the two trailheads. Proceed onto the "Hike-Bike Trail", <u>NOT the horse trail</u>, and continue northeast (1.8km). The hiking trail you use is well worn, runs parallel to the equestrian trails to your south, and takes an eastward track to South Hill Road.

Note: Between Milford and South Hill Roads this trail curves and is bisected by several grassy trails from the local homes. Hike only on the hike-bike trail.



CPT West Trails Trek 2nd Day, South Hill Road to Childs Lake Road (Proud Lake Start Edition, Map #6)

- The trail is intersected with many equestrian trails and meeting horses and riders should be expected.
- East of Old Plank Road is Proud Lake State Recreation Area. This portion of the park, between Old Plank Road and Wixom Road, is open to hunting during the season, so please be cautious.
- Between South Hill and Old Plank Road hike only on the hike-bike trail. If ever signs indicate you are on an equestrian trail, backtrack and return to the hike-bike trail. East of Old Plank Road the trails are combined.
- 51. E After crossing South Hill Road, continue on the Hike-Bike Trail and proceed east through the woods (440m). You will exit the woods into a bushy meadow, continue east. After a while (400m) you will re-enter the woods. Head southeast through the woods, then south a short way to a four-way intersection (110m). If you should come out to Old Plank Road, turn around and proceed back to the intersection (85m).
- 52. S Continue south from the four-way intersection and then east out to Old Plank Road (580m).
- 53. E Cross Old Plank Road, exiting the Metropark and entering Proud Lake State Recreation Area. The trail rises uphill from the road and goes into a grove of hickory trees. Head east (350m) to the next intersection.
- 54. N From this intersection you turn north and hike downhill. Midway down a steep descent is the next intersection (150m).
- 55. E Turn east and then head northeast and downhill (200m) to the next intersection.
- 56. N Turn north and then proceed northeast (65m) to the next intersection.
- 57. N Take the trail heading north a very short distance to the next intersection (25m).
- 58. E Turn east, then head northeast through a thick green glen and out to Childs Lake Road (210m).



CPT West Trails Trek 2nd Day, Childs Lake Road to Parking Lot (Proud Lake Start Edition, Map #7)

- 59. NE After crossing Childs Lake Road the trail goes northeast, joining with more equestrian trails. Head northeast until you come to an intersection with a trail heading east (545m) to the railroad tracks.
- 60. E From here turn and head east. Eventually you will come out to a set of railroad tracks (200m). These are active tracks and you are cautioned to be careful and follow all safety rules. Follow the pavement over the tracks.
- 61. N Immediately past the railroad tracks turn north and hike to where the path splits (175m).
- 62. NNE At the split, veer to the north-northeast towards the staging area and continue on this trail (350m) until you enter a large meadow. Turn southeast and follow its perimeter around to the picnic area. Here you will find a water pump, latrine and tables. Continue northeast and across the bridge over Norton Creek (375m). Immediately after crossing the bridge take the horse trail southeast to the next intersection (140m).
- 63. SE Turn southeast and proceed to the next intersection (710m).
- 64. N Turn north and head out to Garden Road (110m).
- 65. E Turn east on to Garden Road, head across Wixom Road, and hike over to the park road. Using the north side of the road, continue east on it to the "Trailhead Parking" parking lot. Turn into the parking lot (510m). Here and now is the place and time to congratulate each other and take pictures.

Congratulations! You have walked in the steps of Chief Pontiac!

Please return the credential map you were given at the beginning of your trek to your trail guide along with your 250 word trail experience reports and hand drawn map sketches, within 42 days (six weeks).