Recommendations on how to use the CPT guide map:

- 1. The trek leader must read the entire guide well before the trek. There are many warnings concerning safety and unique instructions that all crew members should be made aware of before stepping off.
- 2. Scouts should be leading the way, not adults. Have the younger scouts help decide which turns to take, making it a learning experience. An adult should also be following along from the back as a safeguard. Most of us don't want any more miles than required.
- 3. Bring a few compasses and make sure the people using them know how to. The guide instructions use compass headings, not right or left, thus requiring you to use your orienteering skills.
- 4. The guide will list a compass bearing and distance from each waypoint to the next. A meter is slightly longer than a yard, or one very large step.
- 5. Keep track of each waypoint you've passed by marking them off with a pencil or keeping your thumb on the current step of the directions. The guide won't help if you don't remember if you're heading to Waypoint #3 or #6?
- 6. Don't try to use either the park sign maps or the OLD wooden backpacker signs. These may be incorrect or misleading.
- 7. As you hike read out loud to everyone the "NOTES" listed just below the topo map on each page. They are very important! Most are for keeping everyone safe and from getting lost.
- 8. Recommendations for improvements to the guide are always welcome.

A guide from the CPT Committee will be there to welcome you at step off and point you in the right direction.

Please be courteous to the other campers. Ask everyone NOT to put their back packs on the picnic tables, making more room for other people. Clean up your table area as soon as you're done cooking or eating, again making room for others.

Consider placing your tent away from the Pavilion or camp fires to allow others to stay up later and play cards or talk without disturbing others trying to sleep.

Some campsites, such as the Pines at Proud Lake, no longer have trash barrels. Please be prepared to pack out your trash and leave the area cleaner than when you found it.